



**GEARS**

live. learn. play.



**2026  
SUMMER**



***PROGRAM GUIDE***

Recreation: 717.367.0355 | Kids Center: 717.367.0119  
Senior Center: 717.367.7984

[www.GetintoGEARS.org](http://www.GetintoGEARS.org)

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## GEARS Municipal Partners & Board Members

### **East Donegal Township**

Scott Kingsboro  
Linda Good  
Alan Kaylor

### **Elizabethtown Borough**

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Jay Hynicker  
Alissa Eby

### **Mt. Joy Township**

Delmar Oberholtzer, Treasurer  
Adam Reed

### **West Donegal Township**

Lindsay Norris, Vice Chair  
Phil Dunn  
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Mission Statement

GEARS connects people of all ages through recreation, learning, childcare, and senior center services that strengthen the community and the quality of life.

GEARS Staff Listing

**Administration: 717.367.0355**  
**David Wendel, Executive Director**  
**Joyce Hardman, Business Manager**

**Kids Center: 717.367.0119**  
**Wendy Musser, Director**  
**Kelly Flowers, Assistant Director**

**Recreation: 717.367.0355**  
**Lee Eckert: Director**  
**Karrie Norman: Program Coordinator**  
**Erin Thomas: Administrative Asst.**

**Senior Center: 717.367.7984**  
**Jessica Raush, Director**  
**Julissa Rivera-Santa, Asst. Director**  
**Wayne Bream, Assistant**

Residential program pricing throughout the brochure:

*Resident*= Household resides in Elizabethtown Borough, West Donegal Township, East Donegal Township, or Mount Joy Township  
*Non-resident (NR)*= Household resides outside of the municipal areas listed above

FRIENDLY COMPETITION **Adult Leagues & Tourneys**

**Men's Slow Pitch Softball League**

The Men's Slow Pitch Softball League organized by GEARS is scheduled to begin June 14th. Teams will play a 15-game season plus playoffs, all at the Elizabethtown Area Community Park Softball Field. Submit your team roster and registration fee **no later than Friday May 22** to be included in the league schedule. Ages 16+

Sun, Mon, Wed Jun 14-Aug 17  
 Sun afternoon; M/W 6-9:30pm  
 \$775/team (\$825 NR)

*Teams are responsible for umpire fees.*

20TH ANNUAL  
**BARRY ACKER**  
 SPRING 4-PERSON  
**GOLF**  
 TOURNAMENT

FRIDAY  
**APRIL 24**

AT DAUPHIN HIGHLANDS  
 GOLF COURSE

Shotgun Start @ 1:00 PM  
 \$100 per person

REGISTER NOW

Dauphin Highlands Golf Course

GEARS live. learn. play.

DDMP DELLINGER, DULAN MCCARDY & PHILLIPS INVESTMENT ADVISORS, L.L.C.  
 R.E. PIERSON



Congratulations to DDMP Investment Advisors, the GEARS 2025 Men's Slow Pitch Champions.



All programs and events conducted by GEARS that are listed in this brochure are not sponsored by the Elizabethtown Area School District and the District assumes no liability for these programs and events, including their content, conduct, or any associated outcomes.

GEARS live. learn. play.

30th Annual  
**FALL 4-PERSON GOLF**  
 Tournament

FRIDAY OCT. 2ND

Dauphin Highlands Golf Course  
 Shotgun Start @ 8:00 AM  
 \$100/person

DDMP DELLINGER, DULAN MCCARDY & PHILLIPS INVESTMENT ADVISORS, L.L.C.  
 R.E. PIERSON



# SUMMER Playground

**GEARS**  
live. learn. play.

**June 15th-  
August 7th**  
Ages 6-14

**Mon-Fri  
9am-12pm  
\$100 (\$110 NR)**

**E-town Community Park EBIC Church Fuhrman Park War Memorial Park\***

Under the direction of GEARS, Marietta Borough offers the playground program at War Memorial Park. Call the Marietta Borough office at 717-426-4143 to register for this location. Please visit our website for more information on the Summer Playground program at all sites! The program will not be held on Fri July 3rd.



# CAMP LADYBUG

**June 15 - July 24**  
Mon-Fri  
9am-12pm  
**FREE (\$20 NR)**  
Excluding July 3

**Camp Location:**  
Elizabethown  
Community Park  
Pavillion #5

## DOWN ON THE FARM 2026

Camp is for individuals ages six and older who have been medically diagnosed with mental and/or physical challenges. Camp Ladybug provides a fun atmosphere where the campers participate in socialization skills and recreational activities.  
**Registration Deadline May 22nd**  
Must complete an application packet. Pick one up in the GEARS office.

**Volunteers needed! Call GEARS to learn more!**

## Gym Bears

In this class, children will explore movement through games, obstacle courses, and basic gymnastic skills that build coordination, strength, and confidence in a playful environment.

Ages 3-6

Mon Jun 15- Jul 20

5-5:45pm (Age 3)

6-6:45pm (Age 4)

7-7:45pm (Ages 5 & 6)

\$70 (\$80 NR) GEARS CC Gym



## Iddy Biddy Creative Movement

An exploratory dance class for young children, focusing on encouraging self-expression, physical development, and creativity through music and movement. Class incorporates props like scarves, ribbons, and games that engage children in imaginative movement. Emphasis is on fun, imagination, and developing a sense of rhythm rather than formal technique. Led by Molly Hill.

Ages 3-5

Wed Jun 10-Jul 22

6-6:45pm

\$65 (\$75 NR) GEARS CC Gym



## Iddy Biddy Gym Class Heroes

Help your little one develop motor skills in a fun and inclusive environment. This class is an intro to sports and classic gym class games. Children will learn new skills and develop athletic movements along with hand-eye coordination and teamwork. The program focuses on the following sports: soccer, obstacle courses, football, wiffleball, racket sports, and group games. Ages 3-6

Thu Jul 23- Aug 20

6:15-7pm

\$65 (\$75 NR) Bear Creek Gym



## Iddy Biddy Tennis

Children will learn to play tennis quickly using large-sized RED balls and smaller racquets, nets, and courts. The ABCs: Agility, Balance, and hand-eye Coordination will be developed through fun drills and activities. Ages 4-6

Tue Jun 2-Jun 30

(no Jun 23)

8:30-9:15am

\$50 (\$60 NR)

EAHS Tennis Courts



*Thank you to our community partners for use of your facilities and your time and talents in program collaboration. We appreciate you!*



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## Mommy & Me Chef, presented by The Wellness Grove

**NEW**

**REGISTER NOW**

Join us for a fun mommy & me workshop that includes sensory play, colorful discovery, and *no-pressure* food exploration! The Wellness Grove dietitian team believes that falling in love with food starts with curiosity, not a clean plate. In this interactive workshop, you will move away from dinner table battles and into a world of food exploration and adventure!

- **Tiny Chef Skills:** Your little ones will help prep a simple, kid-friendly snack, empowering them to take ownership of what's on their plate.
- **Take-Home Goodies:** Every duo will leave with a "Food Explorer Taster" chart and a recipe card to keep the fun going in your own kitchen.

Perfect for toddlers (ages 2-5) and their favorite grown-up! Whether you have a brave taster or a professional veggie-avoider, this workshop is designed to be a safe, fun space for everyone.

Wed Jun 17, 9-10:30am, \$25/pair (\$33 NR) The Wellness Grove



# Summer Camps

# SUMMER BEGINS HERE

**Camps & programs are based on the participant's Grade entering the 2026-2027 school year.**

## Girls Basketball Camp

Attention future Lady Bears Basketball players! This camp will focus on the fundamentals of the game. EAHS coaches and players will instruct the basics of dribbling, shooting, passing, and more. Come ready to learn and improve. Camp t-shirt included.

Grades 3-8

Mon-Thu Jun 15-18

9-11:30am

\$75 (\$85 NR)

EAHS Daubert Gym



## Girls Lacrosse Camp

This camp helps strengthen fundamentals through skill-based drills, focusing on the following skills: cradling, passing, catching, defensive positioning, and offensive game play. Participants will also learn the game through game-like situations and controlled scrimmages. Camp is led by EGYL program coaches and EAHS girls lacrosse team coaches and players. Fee includes a t-shirt. Grades 3-8

Mon-Thu Jul 13-16 (raindate Jul 17)

6pm-8pm, EAHS Field #3

\$60 (\$70 NR)



## Beginner/Intermediate Tennis Camp

Build tennis fundamentals with emphasis on the FUN! At least two different courts will provide quality instruction for all skill levels. Camp will focus on learning proper techniques, while cultivating a love of the sport through drills and games. Instructed by Brenda McBride, E-town HS Varsity Tennis coach.

Ages 7-12

(I) Mon-Thu Jun 15-18 (raindate Jun 19)

(II) Mon-Thu Jul 20-23 (raindate Jul 24)

6-7:30pm, EAHS Tennis Courts

\$85/series (\$95 NR)



## Etown Boys Basketball Camp

Join Elizabethtown College men's Head Basketball coach Britt Moore and E-town High School Boys' Basketball coach Lee Eckert, along with the Etown Boys' Basketball Team for an exciting week of hoops! This camp is designed for players in Grades 3-9 and will focus on developing basketball skills in a fun and competitive atmosphere. Campers will work on ball handling, shooting, passing, defense, rebounding, post moves, and more. Camp t-shirt included.

Mon-Thu Jun 8-11

9:30am-2:30pm

\$170 (\$180 NR) EAHS Daubert Gym



**REGISTER NOW**

## Teen Tennis Camp

Develop and improve tennis skills through conditioning, stroke development and strategy. Camp is perfect for both beginner and current or aspiring high school tennis players. Participants will be grouped by skill level. Instructed by EAHS Varsity Tennis Coach, Brenda McBride. Ages 13-17

(I) Mon-Thu Jun 15-18 (raindate Jun 19)

(II) Mon-Thu Jul 20-23 (raindate Jul 24)

7:30-9pm, EAHS Tennis Courts

\$85/series (\$95 NR)



## Field Hockey Camp

E-town Youth Field Hockey coaches will introduce the game of field hockey and teach basic and intermediate skills in Grades K-3. More advanced stick skills and game concepts will be taught for Grades 4-6. Participants should bring a field hockey stick, shin guards and a mouth guard (field hockey sticks will be available to borrow). Fee includes a camp t-shirt. Grades K-6

Mon-Thu Jun 15-18 (raindate Jun 19)

5:30-6:30pm, EAHS Field #4

\$60 (\$70 NR)



## Girls Volleyball Camp

Join former E-town volleyball standout and current middle school coach Ashley Nyesmith for this exciting camp! Campers will work on fundamentals of the game. Instruction will focus on passing, hitting, and serving. Game play and competitions will also be incorporated. Participants should wear sneakers. Kneepads are optional but recommended. A camp t-shirt is included. Grades 5-8

Mon-Thu Jun 22-25  
3pm-5pm  
\$75 (\$85 NR) Bear Creek Gym



## Winters Heritage House Kids Summer Camp

NEW

Join us for a summer adventure where history comes to life! Campers will explore America's journey to independence through crafts, games, storytelling, and interactive activities. Discover the people, places, and events of colonial America, each week focusing on a different chapter of the story. Campers will build creativity, teamwork, and fun lasting memories. Snacks will be provided. Please bring a lunch and drink each day. Ages 5-12

Wed-Fri, 11am-2pm

Jul 22- 24: *Colonial Life in Elizabethtown- Families and Trades*  
Jul 29- 31: *The Thirteen Colonies- Events of the Time*

Aug 5- 7: *The Fight for Freedom- Families, Spies and the Military*

\$75 per week (\$85 NR)

\$210 for all 3 weeks (\$220 NR)

Winters Heritage House



## Chemistry Camp

Calling all future scientists! Investigate what a chemical reaction looks like, sounds like, smells like and feels like. Join the fun of making your own ooey, gooey slime and your own reverse tie dye shirts. Discover how red cabbage changes color with acids and bases. You will also play detective and catch the person who stole the chemicals from the lab. Sign up today to find out why chemistry is the coolest science! EAHS Chemistry teacher, Scott Baylor, will instruct. Ages 9 -14

Mon-Thu Jun 8-11  
10am-12pm  
\$85 (\$95 NR) EAHS Room 2605



## CSI E-town Forensics Camp

Do you like to solve mysteries? Do you like solving puzzles? If you answered yes to those questions then you should join us for CSI E-town forensics camp this summer. We will use REAL forensic techniques to solve mysteries. We will investigate fingerprints, unknown white powders, unknown ink samples and mystery liquids. Each day we will learn a new forensic technique and then use it to solve a crime. EAHS Chemistry teacher, Scott Baylor, will instruct.

Ages 9-14

Mon-Thu Jun 15-18  
10am-12pm

\$85 (\$95 NR) EAHS Room 2605



## Art Camp

Get ready for a week of creative fun! Kids will unleash their imagination through printmaking, sculpture, and crafts. Daily hands-on activities will use unique materials and explore exciting techniques. This camp is all about fun, self expression, and learning how to create something new. No experience needed, just bring your creativity! At the end of the week, artists will leave with a collection of their masterpieces! All supplies provided. Ages 6-12

(i) Mon-Thu Jul 6-9

(ii) Mon-Thu Aug 3-6

6-8pm, GEARS CC Senior Center  
\$80 (\$90 NR)



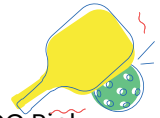
## Paddle Pals Pickleball Camp

NEW

Join us for a **dill-lightful** time on the court! Through hand-eye coordination drills, active play, and lots of laughter, participants will build confidence, learn the rules of the game, and develop key skills such as serving, rallying, and dinking at the net. All equipment is provided. Instructed by Josh Stouffer. Grades 5-8

Mon-Thu Jun 22-25  
10:45am-12:15pm

\$65 (\$75 NR), GEARS CC Rink



## swim lessons

### Tadpole (Preschool Level 1)

Introduction of basic aquatic skills and water adjustment. Skills are performed with assistance.

### Guppy (Preschool Level 2)

Further development of aquatic skills at a slightly more advanced level.

### Frog (Level 1)

Introduction to Water Skills: Includes floating, kicking, and arm action.

### Seahorse (Level 2)

Fundamental Aquatic Skills: Expand on fundamental aquatic locomotion including combined strokes on front and back and rhythmic breathing.

### Seal (Level 3)

Stroke Development: Increase swimming skills including elementary backstroke and deep water skills.

### Dolphin (Level 4)

Stroke Improvement: Develop confidence and competency beyond preceeding levels, including breaststroke, sidestroke, and diving.

### Shark (Level 5)

Stroke Refinement: Coordinate and refine key strokes; introduce the butterfly stroke and open turns.



## Aquacise

Enjoy a refreshing workout that supports total-body wellness! This shallow water aerobics class uses natural water resistance to build strength, improve flexibility, and boost cardiovascular health — all while being gentle on the joints.

Participants will tone muscles, enhance balance and stability, and leave feeling energized, refreshed, and stronger both in and out of the pool. Taught by Karen Diehl. Ages 16+

Tue Jun 9– Aug 11

6:45–7:30pm

\$90 (\$100 NR) MV Patton Pool



## Swim Lessons

Program provides opportunities for achievement and allows smooth transition between levels of instruction. Activities at every level stimulate interest and motivate participants to advance to the next level of instruction.

**Sat Jun 6– Aug 1 (no Jul 4)**

### Ages 4–5

Level 1: *Tadpole* (A) 9:20–9:50am

(B) 12:40pm–1:10pm

Level 2: *Guppy* 10:00–10:30am

### Ages 6+

Level 1: *Frog* 10:40–11:10am

Level 2: *Seahorse* 11:20am–11:50am

Levels 3, 4, 5: *Seal/Dolphin/Shark*

12:00pm–12:30pm

\$100 (\$110 NR) MV Patton Pool

**WILLOWOOD SUMMER SWIM TEAM**

Jump into a World of Aquatic Fun!  
Enroll your Kids in our Summer Swim team and  
Make a Splash this Summer!

**SIGN UPS OPEN NOW**

For Registration & More Information  
[www.willowoodbluefins.org](http://www.willowoodbluefins.org)

## Parent & Child Swimming

Make a splash with your little one this summer! Parents join their child in the pool for a fun, engaging class designed to build comfort and confidence in the water. Using pool toys and age-appropriate equipment, children will explore basic water skills through playful activities. Ages 6mo.– 3yr

Sat Jun 6– Aug 1 (no Jul 4)

(A) 8–8:30am (6–24 months)

(B) 8:40–9:10am (2–3 years)

\$100 (\$110 NR) MV Patton Pool

## Babysitting Basics

This American Red Cross 7.5-hour Babysitting Course is designed for youth to learn the essentials of caring for young children safely and responsibly. Participants will gain skills in basic care for children and infants, age-appropriate activities and promoting positive behavior, emergency preparedness, first aid skills and pediatric CPR/certification, and safe practices for being home alone with children. Through interactive lessons and hands-on activities, participants will build confidence in their ability to handle real babysitting situations. Upon completion, each participant will earn a certificate of completion and be better prepared to take on babysitting opportunities. Instructed by Carissa Ressler. Ages 11-16

*Participants should pack a lunch.*

- (I) Wed Jun 24, East Donegal Twp Bldg.
- (II) Mon Jul 20, GEARS CC  
8:30am-4:00pm  
\$125 (\$135 NR)



## Combo Ballet/Tap

Build coordination, balance, and musicality while developing a strong foundation in both ballet and tap. Students will explore fundamental ballet positions and movements, along with basic tap steps like shuffles, flaps, and rhythms. Through fun and engaging exercises, dancers will develop discipline, confidence, and creativity. Tap/ballet shoes are not required. Ages 6-8

Wed Jun 10- Jul 22  
7-7:45pm  
\$65 (\$75) GEARS CC Gym

## Summer PJ Nights

Join us for Summer PJ Nights and relax in our cozy log cabins as we read stories by lantern light inspired by tales from the colonial era. Kids are encouraged to come in their pajamas and bring a blanket or stuffed animal for a comfortable evening of storytelling. A variety of craft materials will be available for participants to create their own colonial-inspired crafts while enjoying this relaxing night of history and imagination. Snacks are included.

Ages 5-12  
6:30-8pm Winters Heritage House  
Fri Jun 26  
Fri Jul 17  
\$8/day (\$10 NR)



## Girls Middle School Volleyball League

Get ready for the 2026 season! The GEARS Middle School Volleyball Program will compete in a Girls Volleyball League on Monday nights at Spooky Nook Sports (Sept 7-Oct 19). Fee includes practice, uniform, league games and 2 tournaments. Teams for girls in Grades 5-6 and 7-8.

Mon, Tue, Thu Aug 3- Oct 19, 6-8pm \$260 (\$270 NR) Bear Creek Gym



# Adult Pickleball

# GET OUT OF THE KITCHEN

## Pickleball: Advanced Skill Camp

Take your pickleball game to an advanced level in this four-day outdoor camp designed for experienced players ready to refine technique and elevate strategy. Focus on consistency in shot placement, dinking, and net play through targeted drills and match-style scenarios. Utilize the pickleball machine to maximize repetitions, building confidence and precision for competitive play.

Instructed by Josh Stouffer. Ages 18+  
Mon-Thur Jun 22-Jun 25 (raindate Jun 26)  
9-10:30am \$100 (\$110 NR)  
GEARS CC Rink

## Pickleball Machine Rental

Meet the newest addition to the recreation department! Would you like to work on the skills that you just learned in GEARS group lessons? Do you want to get in reps to improve your game? Maybe invite a friend to a pickleball machine challenge! Call the rec office to reserve the machine for use on the GEARS CC rink during business hours. Ages 18+ \$10/hour



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**for the fastest and most reliable internet speeds**  
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Fiber Internet

[brightspeed.com/lovefiber](https://brightspeed.com/lovefiber)

## Indoor Pick-Up Pickleball

Practice your skills & enjoy a little competition during this drop-in pickleball play. Equipment available. *No pre-registration necessary.* Cash or VENMO payment is due upon arrival each day/evening of participation. Ages 16+

**June 5th- July 29th**

GEARS Community Center Gym

Tuesdays & Wednesdays: 1:15-3:15pm

*No pickleball on June 10th, June 23rd*

Fridays: 6-8pm

*No pickleball on July 3rd*

**August 4<sup>th</sup> and August 11<sup>th</sup>**

EBIC Church  
1:15pm-3:15pm

\$5/Day (\$6/Day NR)



SUMMER 

## Zumba®



Dance fitness class that fuses motivational musical rhythms and unique moves to create a dynamic workout designed to be FUN and EASY! Join the party as we move to beats of a mix of songs across the decades and music genres! Classes are taught by Courtney Clark, licensed Zumba fitness instructor. Ages 14+

Thu Jun 4- Jul 30 (no Jul 9)

7:15-8:15pm

\$65 (\$75 NR)

GEARS CC Gym



## Fitness Punch Card

Traveling a lot this summer or want to attend a variety of classes? A Punch Card might be exactly what you need!

Punch cards are available to use for fitness classes that are designated with a



Each punch entitles you to one class. Present your card to the instructor at each class. A card can be purchased at the GEARS office for \$90 for 10 classes. *Cards expire 1 year from purchase.*

## Power Hour with Lynn

Strengthen, tone and condition your body from head to toe! Get ready for body weight exercises and weight training to help mix up your normal routine! Working the major muscle groups of your upper and lower body during this total body workout will help build muscle strength, lean muscle mass, and preserve bone density. Abdominal work will also help stabilize and strengthen your core muscle groups. Never the same class from week to week and always challenging you! Suitable for all experience levels. Ages 18+

Tue Jun 2- Jul 21

5:30-6:30pm

\$65 (\$75 NR) CPOW



## Zumba Gold®



This toned-down version of Zumba utilizes an engaging blend of Latin & International-style music along with a bit of catchy Pop! Geared to the de-conditioned person/beginner exerciser and the active older adult, it focuses on elements of cardio, balance, range of motion, and coordination. Taught by licensed Zumba Gold instructor, Nanette Lamb. Ages 18+

(I) Tue Jun 9- Jul 14

(II) Tue Jul 28- Sep 1

6-6:45 pm, \$50/series (\$60 NR)

GEARS CC Gym



## Spin & Sculpt

Transform your body & burn calories with this workout! Build your cardiovascular endurance and strength with a combination of indoor cycling & strength training. From intervals to climbing hills, to sprints & jumps, this class has something for everyone. The last 15 minutes includes resistance exercises using your bodyweight and dumbbells along with music that will motivate and inspire you! Don't forget your workout towel, dumbbells, and water! All fitness levels are welcome. Instructed by Lynn Mohr. Ages 18+

Thu Jun 4- Jul 30 (no Jun 18)

5:30-6:30pm

\$65 (\$75 NR) CPOW



## Pound®



Join us for this cardio jam session inspired by the infectious, energizing and sweat-dripping fun of playing the drums! Using Ripstix, lightly weighted drumsticks engineered specifically for exercise. Pound transforms drumming into an incredibly effective way of working out. Instead of just listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Led by certified Pound instructor, Courtney Clark. Bring a yoga mat. Ripstix provided. Ages 14+ ***New Location, new day of the week!***

Tue Jun 2- Jul 28 (no Jul 7)

7-8pm

\$65 (\$75 NR)

GEARS CC Gym



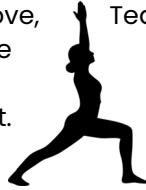
# Fitness

# WELLNESS STARTS TODAY

## Feel Good Yoga



Feel Good Yoga offers a flowing, breath-based practice designed to warm the body, improve balance and flexibility, and leave you feeling centered and relaxed. Each posture is taught with clear options, so you can practice at the level that best supports your needs- from gentle to strong. Whether you are new to yoga or a seasoned practitioner, this class offers a welcoming environment and adaptable approach. Breathe, move, and feel good this summer! Please bring a yoga mat. Michelle Pelna, certified yoga teacher, will instruct. Ages 14+



- (A) Mon Jun 8- Jul 20
- (B) Thu Jun 11- Jul 23
- 9-10am, MV Carpenter Chapel
- 1 day/week: \$60 (\$70 NR)
- 2 days/week: \$110 (\$130 NR)

## Chair Yoga



Chair yoga offers a gentle, accessible way to enjoy the benefits of yoga with the support of a chair. The class includes mindful breathing, guided movement, and simple meditation - all from a seated or supported standing position. Each posture is taught with clear options so you can practice at the level that feels right for you, improving flexibility, mobility, and strength while ending with deep relaxation. Welcoming to all levels and abilities. Instructed by Michelle Pelna, certified yoga teacher. Ages 18+

- Wed Jun 10- Jul 22
- 9-10am
- \$60 (\$70 NR) CPOW



Please update your GEARS online account with your current email and phone information to receive important details for your upcoming programs and adventures.



## Power Yoga Flow



Energize your practice with Vinyasa power yoga. Designed to build strength and flexibility, this class offers a balance of challenge and ease. Connect breath to movement while flowing through a variety of standing and seated poses. Participants should bring a yoga mat, and may also find a strap and/or block helpful for support and deeper alignment. Taught by Carissa Knight, a Registered Yoga Teacher (RYT-200). Ages 16+

Wed Jun 10- Aug 12  
(no Jun 24 and Aug 5)  
6:30-7:30 pm  
\$65 (\$75 NR)  
MV Carpenter Chapel

## Vinyasa Yoga

Link your mind and body through focused breath. Build strength, balance and flexibility through Sun Salutations, standing and seated postures, balance poses, and intense relaxation. The beginner or advanced yoga student can enjoy this invigorating and fulfilling experience. Instructed by certified yoga teacher, Stephanie Weaver. Ages 16+

(A) Mon Jun 29-Aug 17  
(B) Thu Jun 25-Aug 13  
6-7pm  
\$80 (\$90 NR) MV Carpenter Chapel

### 3 Ways to Register

- Phone: 717.367.0355
- Online: [www.GetintoGEARS.org](http://www.GetintoGEARS.org)
- In Person: 70 South Poplar St. Elizabethtown PA, 17022

## Tai Chi

The intro level of this class teaches short and simple forms, introducing you to some of the more well-known movements of Taijiquan. The advanced level of this class introduces longer and more detailed forms from different Taiji styles. Attention is paid to alignment, relaxation, and safety in both classes. Instructor Ben Ninmann has been teaching Tai Chi for over 25 years. Ages 18+

- Tue Jul 7- Sep 8 (10 classes)
- (A) 6:15-7:15 pm (Intro Class)
- (B) 7:15-8:15 pm (Advanced Class)
- \$110 (\$120 NR) MV Carpenter Chapel

## Step Fitness



Ignite your calorie burn with this energizing, full-body step workout! Whether you are new to step or are a seasoned throwback stepper, instructor Katielynn Scanlon will have you moving and grooving through fun, beat-driven routines that can easily be modified for any fitness level. You will master the basics, boost your cardio, and leave class feeling strong and uplifted. Bring a water bottle and a towel- this session is sure to make you sweat! Ages 16+

Thu Jun 4- Jul 23

6-7pm, \$65 (\$75 NR) GEARS CC Gym



### Interested in Instructing?

GEARS is always looking for qualified instructors/coaches for youth and adult programs. If interested, please go to the *Join our Team* page on our website and complete an application today!

## Cycle Strong



All fitness levels are welcome for this low impact, but high intensity, stress-busting and calorie-torching workout set to motivating music. Climb hills, ride through mud, race your neighbors, spring to the finish line, or just take a leisurely ride. Bring water, a towel, and two small hand weights (optional) for some upper-body strength work without stopping your ride. Class taught by Charla Lorenzen, certified group fitness instructor. Ages 16+

Sat Jun 6-Aug 15 (no Jul 4)

8-8:45am

\$80 (\$90 NR) CPOW



## Let's Line Dance



Step onto the dance floor in our beginner Line Dance lessons, where easy, step-by-step instruction helps everyone learn the moves with confidence and a smile! You'll dance your way through today's most popular routines along with timeless classics, all while building rhythm, coordination, and plenty of laughs along the way. No partner or experience needed—just bring your energy and get ready to step, slide, and have a toe-tappin' good time. Open to all skill levels. Instructed by Raquel Neighoff. Ages 14+



Tue Jul 14-Aug 18 (6 weeks)

6:30-8:30pm, \$60 (\$70 NR)

Memorial Hall, Etown Fairgrounds



**Wheatland**  
FEDERAL CREDIT UNION

2701 Sheaffer Road, Etown Branch

717-898-7673 • [wheatlandcu.com](http://wheatlandcu.com)

We do business in accordance with the Federal Fair Housing Law and Equal Credit Opportunity Act. This credit union is federally insured by the National Credit Union Administration.



## Intro to Kayaking

Experience this 2-hour guided paddle in the beautiful Susquehanna River with either a single or tandem sit-on-top kayak, designed for all shapes and sizes with a large ergonomic cockpit. Program will cover basic paddling instruction and safety. Ages 12+

Sat June 6, 12-2pm

\$65 Single/\$90 Tandem

Chiques Rock Outfitters LLC

Registration Deadline: Fri May 29

## Trail Riding

45 minute guided trail ride. Ride horses through the 275 acres of woods and farmland on the ranch. Horses are well mannered and trained to work with riders that have little or no experience. For your own safety and safety of the horses, we do not trot or gallop through the trails. All children must be 8 or older and there is a strict weight limit of 225 pounds.

Wed 5-5:45pm (I) Apr 22 (II) May 20

\$70 (\$80 NR) Stone Gables Estates

# Trips

# GO ON AN ADVENTURE

## America 250 Series: Our Nation's Heroes

**NEW**



Take a meaningful day trip to Washington, D.C.. The journey will begin with a self-guided visit to Arlington National Cemetery, featuring a hop-on, hop-off style bus that makes stops at monuments such as the Tomb of the Unknown Soldier, John F. Kennedy Gravesite, and Arlington House. Next, enjoy an included Southern-style lunch at Tupelo Honey before heading out on a private Memorials Tour. The afternoon tour includes visits to powerful landmarks such as the Vietnam Veterans Memorial & the WWII Memorial. Trip includes transportation, Arlington National Cemetery Tour, lunch, and D.C. Memorials Tour. Don't miss this memorable patriotic experience, offering time to reflect and pay tribute to our nation's heroes.

Wed May 20, Depart 7am from Clearview Lanes, \$159 (\$169 NR)

## Statue of Liberty & Ellis Island

Spend the day exploring two of America's most iconic landmarks and the stories behind them. Start at Ellis Island, where you'll discover the powerful journeys of immigrants through engaging exhibits and historic spaces, then visit the Statue of Liberty, a lasting symbol of freedom. Enjoy the experience at your own pace as you take in the history and views. Trip includes transportation, ferry access, and admission to Ellis Island and Liberty Island.

Sat Jun 27

Depart 7am, EAHS Parking Lot

Arrival back 9pm

\$115 (\$125 NR)



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**717-657-9658**

## Baltimore Inner Harbor

Inner Harbor is a sightseeing hub, home to Maryland Science Center with a planetarium and observatory, and the National Aquarium featuring giant turtles, dolphins, and electric eels. The Top of the World Observation Level offers sweeping views of the city, while a collection of historic warships is docked below. Enjoy the day at your leisure.

Thu Jul 9, Depart 7:30am, EAHS Parking Lot

Arrival back 8pm

\$60 (\$70 NR)



## Washington D.C. On Your Own

Travel by deluxe motor coach for a day on your own in our Nation's Capital. Experience Washington, D.C. during the beautiful summertime! You will enjoy the opportunity to spend the day at the Smithsonian Institute and surrounding areas or take an optional visit to the National Zoo.

Mon Jun 29

Depart 7am

EAHS Parking Lot

Arrival back 8:45pm

\$75 (\$85 NR)



## Animal Adventure

**NEW**

The whole family will enjoy this day full of fun at the New Jersey Aquarium and the Philadelphia Zoo! Begin your day at the Philadelphia Zoo, the first true zoo of the United States and home to almost 1700 animals! Next, experience the Adventure Aquarium. Voted best aquarium in the Northeast, it's home to a vast collection of aquatic animals and offers once-in-a-lifetime opportunities to explore life underwater through up-close animal encounters, interactive touch exhibits, and the chance to see and learn about some of the ocean's rarest and most fascinating species. Lunch is on your own - cafes are available in both locations. Trip Includes: Transportation, Zoo, and Aquarium.

Tue Jul 21

Depart 7:45am

EAHS Parking Lot

Arrival back 8pm

\$119 (\$129 NR)



## NYC, Day on Your Own

Experience the energy of New York City this summer! Travel in comfort aboard a deluxe motor coach and spend the day exploring the city at your own pace. Stroll through iconic neighborhoods, enjoy outdoor dining, relax in Central Park, or take in the skyline views – summer is the perfect time to soak in the magic of the city that never sleeps!

Wednesday July 15th

Depart: 7am, EAHS Parking Lot

Arrival back: 10:30pm

\$95 (\$105 NR)



## MLB: Phillies vs Yankees Baseball **NEW**

Get ready for an exciting day of Major League Baseball as the Philadelphia Phillies take on the New York Yankees at the iconic Citizens Bank Park. Enjoy the great views of the action and an up-close experience of all the excitement on the field. Trip includes transportation and a Game Ticket in section 145.



**Friday July 24th, Game starts at 6:40pm**

Depart: 3:15pm, EAHS Parking Lot

Arrival Back: 11:45pm

\$169 (\$179 NR)

## Coney Island

**NEW**

Visit world-famous Coney Island in Brooklyn and experience its iconic mix of thrilling rides, sandy beaches, and lively boardwalk. Known around the globe, Coney Island has earned its legendary status through its appearances in movies, television, and music.

Saturday July 25th

Depart: 7:30am, EAHS Parking Lot

Arrival back: 9pm

\$89 (\$99 NR)



*PLEASE NOTE: Departure times & locations for all trips are subject to change based on participation level. All cancellations must be received at least 30 days prior to the trip.*

## 2026 Fall Trips

Jim Thorpe Fall Festival: October 4

Fall Foliage PA Grand Canyon: October 7

NYC Day On Your Own: November 28

Dickens of a Christmas: December 5

NYC Day On Your Own: December 12

Christmas at Longwood Gardens: December 15

**Visit our website or call for more information.**

## LOCAL PARKS

**Elizabethtown Community Park**

201 S. Mount Joy St. Elizabethtown

**Old Trolley Line Park**

475 Beverly Rd. Elizabethtown

**Wolgemuth Park**

8795 Elizabethtown Rd. Elizabethtown

**Cove Outlook Park**

405 Old Market St. Mount Joy

**Stoneybrook Park**

811 W. Ridge Rd. Elizabethtown

**Lloyd H. Fuhrman Park**

190 Rock Point Rd. Marietta

**Legion Park**

114 N. King St. Maytown

# Continuing Education LEARN SOMETHING NEW

## The Great Home Clutter Reset

Feeling overwhelmed by clutter in your home? You're not alone. Over time, closets fill, storage spaces overflow, and everyday items quietly accumulate until your home begins to feel heavier than it should. Join professional declutterer Kristen Patterson of *Sorted & Staged Decluttering and Home Staging Services* for a focused, **3-hour breakthrough intimate & interactive workshop** to give real clarity and results—not just ideas. You'll gain insight into why clutter builds up, and more importantly, how to start letting it go with confidence. Through simple decision-making strategies and practical approaches to tackling clothes, papers, keepsakes, and everyday household items, you'll create a realistic plan to reclaim your space. Walk away feeling motivated, equipped, and ready to make your home feel lighter, calmer, and more manageable. Ages 18+

(I) Mon June 8th, 6-9pm (II) Sat August 8th, 9am-12pm

\$75 (\$85 NR), GEARS CC Senior Center

Transform with  
COURAGE

## Retirement Workshop

Whether you're just starting your career, nearing retirement age, or are already retired, join M&T bank and Wilmington Trust for this retirement workshop. Learn how to estimate your retirement expenses, identify saving strategies, compare the types of retirement plans available to you and set goals for your retirement savings. **FREE, registration required.** Ages 18+

Thu Jun 11, 6-7pm, GEARS CC Senior Center



## Banking Basics



New to banking? This class is a great place to start. Join M&T Bank to learn the basics of how to earn more, save more, and protect your finances.

We'll break down different types of accounts and services that banks offer their customers, and how these tools can benefit you now and for the future. **Perfect for teens who are just getting started** or anyone with questions about their existing accounts. **FREE, registration required.** Ages 13+

Tue Aug 11, 6-7pm GEARS CC Senior Center



**Want to know what's going on in East Donegal Township?**  
**BECOME A SAVVY CITIZEN!**



Our new **Savvy Citizen** app will keep you better informed of important **news and happenings** in our township.

Sign-up for **Apple and Android** users is simple and **free**. Become more savvy and receive useful updates, community news, and event reminders by downloading today.

Download 

GET IT ON  Google Play 

You can also sign up online at [SavvyCitizenApp.com](http://SavvyCitizenApp.com), or use the QR code to download the app.

SCAN ME! 

## RENOVATION UPDATE

The GEARS Community Center Second Floor Renovation Project is currently on track with a projected completion date towards the end of the summer.

Follow along on our website for updates as we get ready to expand our programming to the second floor!

[www.GetintoGEARS.org](http://www.GetintoGEARS.org)



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Looking for childcare with enthusiastic staff and flexible options to meet the needs of your busy lifestyle? Consider GEARS Kids Center! We offer affordable tuition fees with full time and part time options available for Before and After school care, Kindergarten Enrichment, Preschool and Summer Camp Programs. Spaces for the school year are limited, so call today! Contact us at 717.367.0119 for a tour or email: [WendyMusser@GetintoGEARS.org](mailto:WendyMusser@GetintoGEARS.org)

**GEARS Kids Center is a STAR 4 Facility with the Pennsylvania Keystone Star Program.**



### OUR PROGRAMS

#### **Preschool:**

Our 3.6 year–5 year old students are assessed with the *Desired Results: Social-Emotional* assessment tool . We also use the *Ages and Stages* screening tool to assess their current development. GEARS Kids Center uses the Pennsylvania Early Learning Standards to create lesson plans. Our philosophy is that learning through play and active engagement fosters the development of a well-rounded child.

#### **Kindergarten:**

Our Kindergarten students can attend a Kindergarten Enrichment program in the morning or afternoon at the GEARS Community Center. Kids Center provides mid-day bus transportation, transferring students to East High Elementary and Bainbridge Elementary to attend the Elizabethtown Area School District Kindergarten Programs. Kindergarten Enrichment at the Community Center allows children to continue their learning with a vibrant program supported by the Pennsylvania Kindergarten Standards. GEARS uses the PATHS Social Emotional Curriculum and evaluates students using the *Desired Results* assessment tool.

#### **Before and After:**

Our Before and After School programming serves students who attend Bainbridge Elementary, Bear Creek Elementary and East High Elementary. These elementary schools, as well as, the GEARS Community Center serve before and after school students ages first through fifth grade. The Community Center serves as a site when “non-school” days are scheduled by the EASD. PATHS Social Emotional Curriculum is taught and students are evaluated by the *Desired Results -Social-Emotional* assessment tool.

#### Upcoming Events:

-  **Pre-Kindergarten Graduation – May 27th**
-  **Kids Center Summer Camp begins 6/8/2026–8/26/2026**
-  **For Fall ‘26–’27 enrollment information–space is limited, please see our website: <https://www.getintogears.org/kids-center>**





Elizabethtown Area  
**Senior Center**  
*Friends Meeting Friends*

## Elizabethtown Area Senior Center

Located in the **GEARS Community Center**  
70 S. Poplar Street, Elizabethtown

717.367.7984

GetintoGEARS.org/Senior-Center  
SeniorCenter@GetintoGEARS.org

The **Elizabethtown Area Senior Center** is more than a place to pass the time—it's a community where laughter and smiles are part of every day. Through meaningful programs, seniors **live** life to the fullest, **grow** through gardening and new experiences like armchair travel, and **learn** through engaging seminars on health, nutrition, and finances. Join us for the special events listed below and discover all the fun waiting for you on our monthly calendar.

### 2026 Theme Weeks

Experience fun and adventure all summer long at the Elizabethtown Area Senior Center!

**Camping Week: June 15–19** – Explore five Pennsylvania state parks and enjoy the great outdoors from your armchair.

**Cruise Week: July 20–24** – “Visit” Italy, Morocco, Brazil, Japan, and Australia with music, culture, and games.

**Water Week: August 17–21** – Splash into fun with Boat Day, Rivers & Oceans travel, water entertainment, and a BIG finale!



### Senior Business Expo – Tuesday, June 23 8:30am–12pm

Don't miss this exciting day of connection and community! Meet and mingle with local businesses, discover helpful services, and learn about resources available right here in your area. Enjoy door prizes, giveaways, and plenty of fun throughout the day. Bring a friend, explore something new, and be part of this lively event designed just for you!

Elizabethtown Area Senior Center is an activity center for the well elderly area residents over 60 years old. The Senior Center has a large service area that includes the communities of Elizabethtown, Bainbridge, Maytown, Mount Joy, Salunga, Landisville, Mastersonville and Manheim.

Door-to-door transportation is available, as needed.

The Senior Center is open Monday through Friday 8:30am–4pm.  
Call for a complete list of daily activities or additional information.

*This program is funded, in part, under an agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Office of Aging.*

# THANK YOU FOR SUPPORTING GEARS **Our Sponsors**



## Seasonal, fresh produce

Our bakery features the tastes of Lancaster County you are looking for, from delicious pies to homemade cookies.

MVFarmMarket.com • 717-361-4520  
310 Eden View Road • Elizabethtown, PA 17022

## Hours:

### MAY - DECEMBER

Thursday & Friday: 10 a.m. - 5 p.m.

Saturday: 9 a.m. - 5 p.m.

Sunday: Noon - 5 p.m.

### JANUARY - APRIL

Friday: 10 a.m. - 5 p.m.

Saturday: 9 a.m. - 3 p.m.



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### Services include:

- Complimentary evaluation
- Physician-directed care supervised by a registered nurse
- 24-hour support with visits as needed
- Medication, symptom & pain management
- Therapies & spiritual services
- Personal care assistance



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## QUALITY CARE at Home

### MASONIC VILLAGE HOME HEALTH

Receive clinical care at home (Medicare certified). Services include:

- Skilled nursing care/ 24-hour on-call support
- Physical, occupational & speech therapy
- Post-surgical, cardiac, joint replacement & wound care
- Disease, medication & pain management
- Short-term post-acute hospital rehabilitation
- Blood sugar, blood pressure, oxygen & antibiotic monitoring

717-361-4050 | [MasonicVillageHomeHealth.org](http://MasonicVillageHomeHealth.org)

### MASONIC VILLAGE HOME CARE

Receive non-clinical help with daily living on an hourly, daily, regular or temporary basis. Services include:

- Grocery shopping/meal prep
- Light housekeeping
- Transportation
- Health care coordination
- Bathing, grooming & dressing
- Basic vital sign monitoring, pacemaker checks & medication reminders
- Day surgery assistance & respite care
- Help with transfers & walking

717-361-4999 | [MasonicVillageHomeCare.org](http://MasonicVillageHomeCare.org)



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Interested in advertising in our Fall program guide? Contact [Gears@GetintoGEARS.org](mailto:Gears@GetintoGEARS.org) for pricing & deadlines. Brochures go to 20,000+ local residential mailboxes.



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**[www.AdventureHershey.com](http://www.AdventureHershey.com)**

# SUMMER 2026 Rec Registration Information

## Online

[www.GetintoGEARS.org](http://www.GetintoGEARS.org)

Email: [GEARS@GetintoGEARS.org](mailto:GEARS@GetintoGEARS.org)

*Note: There is a credit card service fee for online & in-person registrations (minimum of \$2). We accept Visa, MasterCard, American Express or Discover. You will receive an email confirmation of your purchase. If a refund is issued for your credit card purchase, the service fee will not be included in your refund amount.*



## Phone

Call us at 717.367.0355 (Recreation); 717.367.0119 (Kids Center); 717.367.7984 (Senior Center)

## In Person

Drop by our office in the GEARS Community Center, 70 South Poplar Street, Elizabethtown. The recreation entrance is located on the right side of the building.

## Mail-In

GEARS, 70 South Poplar Street, Elizabethtown, PA 17022.  
Please be advised that popular programs and classes fill early.

## Confirmations/Receipts

Once you sign up it is your responsibility to attend the activity. Confirmations will be sent via email only. GEARS will contact participants if the program is cancelled.

## Fee Structure

All fees listed in this brochure are for residents of the East Donegal Township, Elizabethtown Borough, Mount Joy Township and West Donegal Township. Non-residents (NR) will be charged an additional fee.

## Refunds/Transfers

If GEARS recreation cancels a class, a full refund or transfer to another class/session will be offered. All other refund requests must be received over the phone or by email prior to the start of the program. All refunds are subject to approval by the recreation director and any credit card processing fees will not be refunded. Programs requiring advanced purchase of tickets or services may not be refundable unless your spot can be filled (sports leagues, special events, tournaments, swim lessons, aquatic classes, and bus trips). If you are not satisfied with any of our programs, we kindly request your input in the form of suggestions, comments, ideas or changes for improvement in the program survey. *Bus trip cancellations must be requested prior to 30 days before departure.*

## Miscellaneous

Class size of all programs listed in this brochure will be limited. Individuals must sign-up before attending any classes, unless otherwise noted. Registration is accepted on a first come, first served basis. GEARS does not provide accident insurance. Individuals must provide their own coverage.

### Location Codes & Addresses

CC: GEARS Community Center: 70 S. Poplar St. Elizabethtown

CPOW: Community Place on Washington: 61 E. Washington St. Elizabethtown

Clearview Lanes: 1990 W. Main St. Mount Joy

EBIC church: 996 E. High St. Elizabethtown

East Donegal Twp Bldg: 190 Rock Point Rd. Marietta

EAHS/EAMS: Elizabethtown Area High/Middle School: 600 E. High St. Etown

Fuhrman Park: 190 Rock Point Rd. Marietta

MV: Masonic Village Patton Campus: 1244 Bainbridge Rd. Elizabethtown

The Wellness Grove: 222 S. Market St. Suite 101A Elizabethtown

Winters Heritage House: 47 E. High St. Elizabethtown

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 SAT OCTOBER 17TH  
 10 AM - 2 PM  
 E-TOWN FAIRGROUNDS

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**GEARS**  
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**Holiday Parade**  
 December 5<sup>th</sup> @ 4 PM  
 Market St.